**Unit 4, Activity 4.8**

**Analyze a Model**

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| **Original** | **Paraphrase / Summary** | **Strategies** |
| a small percentage of individuals, likely 1 percent or less, overuse technology | Excessive use of technology is probably very rare. | Change the verb *overuse* into an adjective (*excessive*) and noun (*use*); change the statistic (*likely 1 percent or less*) into an adjective of frequency (*rare*). |
| However, illicit substances such as methamphetamine activate these centers to a much greater degree than do normal activities such as technology or exercise. That is what makes these substances dangerous. | It is only very high levels of activation associated, for example, with illegal drugs, that are considered dangerous. |  |
| This is because current evidence suggests these are not unique disorders but rather arise as symptoms of underlying mental health problems, such as depression or attention problems. | The second reason is that overuse of technology may be the result of another psychological problem like depression rather than a separate condition. |  |
| No evidence has emerged to suggest an epidemic of tech-addicted youths. | The research does not support widespread addiction to technology. |  |